



San Damiano Lenten Guide

Holy Days

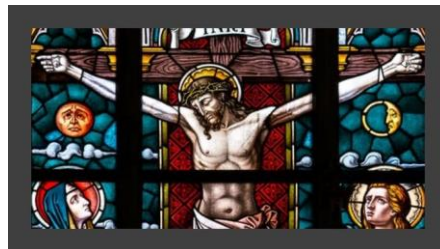
We will likely follow a hybrid approach of making available both in person and Zoom options, unless otherwise specified. Check our website for the latest information.

Ash Wednesday Lenten Day of Renewal with Fr. Charlie Smiech, OFM



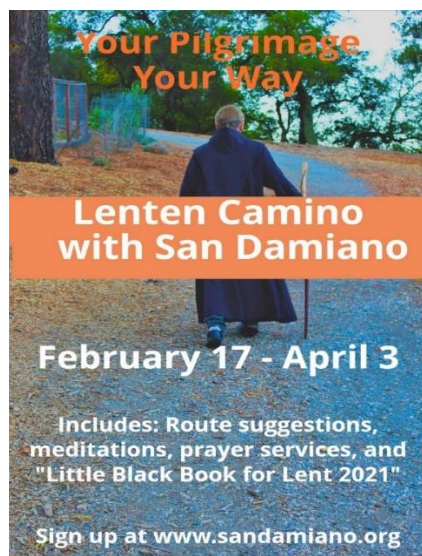
February 17, 2021
10:00 AM to 3:00 PM
<https://sandamiano.org/events/ash-wednesday/>

Holy Week Retreat with Fr. Charlie Smiech, OFM



April 1 – April 4, 2021
<https://sandamiano.org/events/triduum/>

Spirituality on Your Own Timetable



We invite you to join in a spiritual walk, hike or bike with suggested routes of approximately 5K or 3.1 miles, or one of your choosing, to be completed sometime during Lent. The 40+ days to complete your journey begin on Ash Wednesday, February 17th and conclude on Holy Saturday, April 3rd. You can walk, hike or bike on one day during Lent or every day. This is virtual, so there will not be organized groups or specific times or locations. Participants will receive daily Lenten inspirations via email and the Little Black Book of Lent 2021. You will be invited to the event's Facebook page to share your experiences.

SIGN-UP [www.sandamiano.org/events/camino/](https://sandamiano.org/events/camino/)



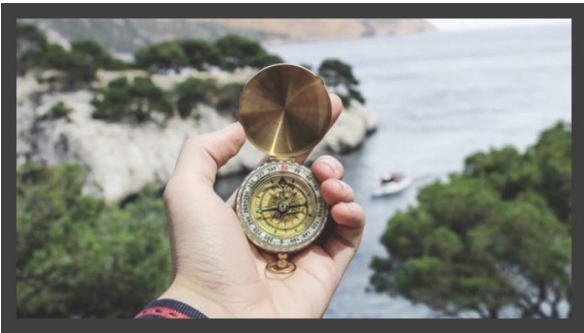
Surrendering to Love

Monday, February 22 to Sunday, March 7

Opening our hearts to the path of surrender is foundational to the spiritual journey. Leader Colette Lafia will e-mail you reflections and prayers every other day, which will allow for a slower pace, and let you engage with ease.

Sign-up at <https://sandamiano.org/events/surrendering-to-love/>

Personal Silent Retreat (Onsite at San Damiano Retreat)



Sr. Celeste Crine is moderating 2 personal retreat weekends:

February 19-21 <https://sandamiano.org/events/personal-silent/>

&

March 19-21

<https://sandamiano.org/events/personal321/>

Or, pick day(s) that work for you

<https://sandamiano.org/retreats-programs/personal-retreats/>

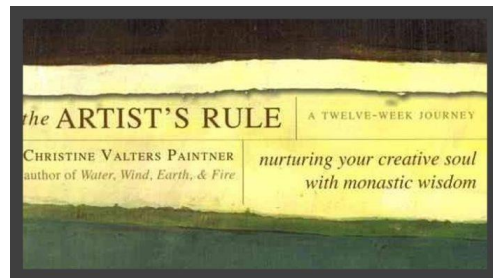
Weekly Lenten Series – Each Week or When You Can

TUESDAYS February 16 – March 2

Online: Lenten Book Series:

“The Artist’s Rule by Christine Valters Paintner
Join Kathy Miranda –10 AM – 12:00 PM.

<https://sandamiano.org/events/artists-rule-2/>



Group Spiritual Direction

San Damiano Retreat offers private and group spiritual direction. If you enjoy Kathy Miranda’s Book Series, consider joining her First Saturday’s group spiritual direction sessions. The next one is March 6.

To find out more and sign up, please contact Kathy at
katesloan7@comcast.net

Wednesdays

February 24 – March 17

Lenten Days of Recollection + Mass via Zoom
9:00 AM - Noon

February 24th: Am I One of God's Chosen Ones? If So, how
Does God Treat Those Not Chosen?

Fr. Paul Botenhagen, OFM

March 3rd: What Is in My Heart? Does It Need to Be Broken
Open Before It Can Be Healed?

Fr. Ken Laverone, OFM

March 10th: Earning My Way to Communion with God.
Is This What We Must Do?

Fr. Paul Botenhagen, OFM

March 17th: It's Not Easy to See Something Die, Even
Though I Know That New Life Will Come.

Fr. Ken Laverone, OFM

<https://sandamiano.org/events/wednesdays-lent/>

Fridays

February 19 – March 5



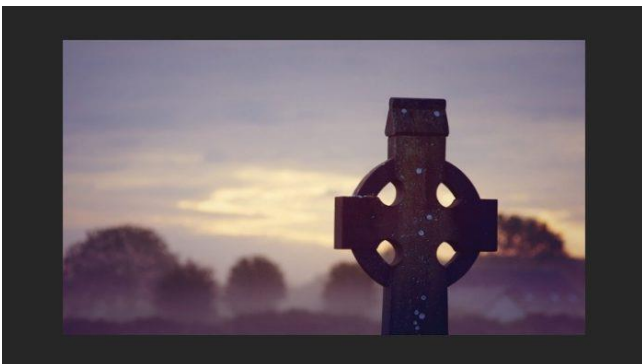
Zoom Soup: Take-out Soup + Scriptural Reflection
with Brother Dick Tandy, OFM, 7-8 PM

Brother Dick will be using "The Ignatian Workout for Lent" by Tom Muldoon. You can purchase the book from the San Damiano Gift Shop by emailing giftshop@sandamiano.org

Sign up for Friday(s) of your choosing. February 19 at
<https://sandamiano.org/events/online-zoom-soup/>

Also Friday
March 5

The Celtic Way of Praying: A Way of Be-ing (Zoom)



Join Sr. Carol Quinlivan, Ph.D. Friday
Morning, February 5, 2021 9am to 12
pm

Sign-up at
<https://sandamiano.org/events/celtic-praying/>

**Saturdays
February 20 – March 27**

Stations of the Cross: Here!

Available 9:00 AM – 12:00 PM

Individual audio-guided Stations of the Cross moderated by Jan Stegner and a new guest each week. Free.

Sign up at www.sandamiano.org



**Saturdays
February 20 & March 20**

“Who is Your Spiritual Eye Doctor?”

Zoom Retreat with Fr. Rusty Shaughnessy OFM and Margaret Riley.

9:30 AM – 12:30 PM

Sign up at <https://sandamiano.org/events/14085/>



**Saturday
March 13, 10:00 AM – 1:00 PM**

“Manifesting Compassion and Justice” (Zoom)



Social Justice Retreat with Dr. Maureen Day

Sign up at <https://sandamiano.org/events/justice/>