

A SPIRITUALITY OF HEAT

PRESENTED BY DAVID RICHO

SATURDAY, NOVEMBER 4, 2017

We will explore the symbolism of the heart in world religious traditions, and then trace the historical thread of Christian devotion into modern times. We focus on the new cosmology and how our religious practices can align with it. This means finding a mystical and evolutionary sense of devotion. Heart spirituality includes the practice of loving-kindness not only toward others but toward ourselves. Finally, we will ponder the great grace: There is in the universe a Divine Heart that seeks us.

Comment by Richard Rohr: "If it is true that true spiritual transformation requires images, then David Richo is offering us a profound gift. Scripture, good psychology, mysticism, and even politics come together in this excellent portrayal of a timeless and healing image."

PRESENTER:

David Richo, Ph.D., M.F.T., is a psychotherapist, writer, and workshop leader. He teaches at a variety of places including Esalen and Spirit Rock Buddhist Center. He shares his time between Santa Barbara and San Francisco, California. Dave combines psychological and spiritual perspectives in his work. His two most recent books are:



When Catholic Means Cosmic (Paulist, 2015)
You Are Not What You Think: The Egoless Path to Self-Esteem and Generous Love (Shambhala, 2015)
[The website for books, CD's, and events is davericho.com](http://davericho.com)



SAN DAMIANO RETREAT

DANVILLE • CALIFORNIA

A FRANCISCAN PRESENCE IN
NORTHERN CALIFORNIA

REGISTRATION:

Registration begins at 9:00 am. Program is from 9:30 am - 3:30 pm. Lunch included.

TO MAKE A RESERVATION:

Please send a check of \$25 deposit to:
San Damiano Retreat
P. O. Box 767
710 Highland Drive
Danville, California
94526-0767
Phone: (925) 837-9141
Fax: (925) 837-0522

COST:

\$85 per person

Registration online is available at www.sandamiano.org or call us at (925) 837-9141 to make your reservation by phone.

Deposits or payment are non-refundable, but transferable to a future retreat within one year providing cancellation is received at least 7 days prior to the retreat.

SPECIAL NEEDS:

Please call us after you make your reservation for any retreats.

RESERVATION FORM

A SPIRITUALITY OF HEART • SATURDAY, NOVEMBER 3, 2018

NAME(S): _____

ADDRESS: _____

STREET

CITY

STATE

ZIP

EMAIL: _____

PHONE: _____

EMERGENCY CONTACT: _____

Phone: _____

\$85 • LUNCH INCLUDED

CREDIT CARD #: _____

EXP. DATE: _____

NAME ON CREDIT CARD: _____

CHARGE ALL DEPOSIT ONLY