

# LENTEN BOOK SERIES

## "A LISTENING HEART"

### The Spirituality Of Sacred Sensuousness

By Brother David Steindl-Rast

FACILITATED BY KATHY MIRANDA, M.A.

Tuesday Mornings: FEB. 20th TO MAR. 27TH , 2018

Brother David calls us to our "holy senses", demonstrating how they are gateways to Spirit. To understand our world through the senses we will need to know:

- Transformation is not an achievement, but pure gift
- You will start growing in the measure in which you expose your heart to life
- We are not being transformed into something else, but into our own true self

To enhance our study even further, we will use a companion book "Seven Sacred Pauses" by Macrina Wiederkehr. This book shows us practical ways of living mindfully through the Hours of the Day. Both books are available in our bookstore.

We will meet every Tuesday, Feb. 20th to Mar. 27th, from 9:30am to 12:30pm.

Option to stay for lunch served at 12:30 pm.

**COST:**  
\$120 for the 6 Week Series.  
\$20 per session.  
\$15 for lunch.

#### PRESENTER:



Kathy Miranda, MA has been a spiritual director for 20 years and received her formation at Mercy Center, Burlingame. Though Catholic, she enjoys working with people of all traditions. After receiving a masters degree in Transpersonal Studies, a focus of Kathy's has been the blend of spirituality and creativity. Adding to this over 25 years of work in Pastoral Ministry, healing and wholeness are at the heart of what she offers. She often incorporates use of images, Soul Collage and Mandala work.



SAN DAMIANO RETREAT

DANVILLE • CALIFORNIA

A FRANCISCAN PRESENCE IN  
NORTHERN CALIFORNIA

#### REGISTRATION:

Registration begins at 9:00 am. Program from 9:30 am to 12:30 pm. Option to stay for lunch served at 12:30 pm.

Registration online is available at [www.sandamiano.org](http://www.sandamiano.org) or call us at (925) 837-9141 to make your reservation by phone.

#### TO MAKE A RESERVATION:

Please send a check of \$20 per session or \$120 for 6 week series to: San Damiano Retreat P. O. Box 767 710 Highland Drive Danville, California 94526-0767 Phone: (925) 837-9141 Fax: (925) 837-0522

Deposits or payment are non-refundable, but transferable to a future retreat within one year providing cancellation is received at least 7 days prior to the retreat.

#### SPECIAL NEEDS:

Please call us after you make your reservation for any retreats.

#### COST:

\$120 for the 6 Week-Series.  
\$20 per session.  
\$15 for lunch.

### RESERVATION FORM

LENTEN BOOK SERIES: FACILITATED BY KATHY MIRANDA, M.A.

NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

STREET

CITY

STATE

ZIP

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

Phone: \_\_\_\_\_

Tues., Feb. 20 (\$20)

Tues., Feb. 27 (\$20)

Tues., Mar. 6 (\$20)

Tues., Mar. 13 (\$20)

Tues., Mar. 20 (\$20)

Tues., Mar. 27 (\$20)

\$120 for 6 week series

Yes, I want Lunch and know it is \$15

CREDIT CARD #: \_\_\_\_\_

EXP. DATE: \_\_\_\_\_

NAME ON CREDIT CARD: \_\_\_\_\_

CHARGE ALL  DEPOSIT ONLY