

Grief Retreat For THE BEREAVED AND DIVORCED:

Remember, This Pain Will Not Last Forever
Presented by Fr. Padraig Greene
November 16-18, 2018

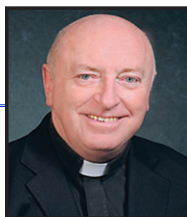
Nothing is the same after a death of a loved one or the death of a marriage. We want to cry out in pain. Where love once filled us, an empty space achingly now reminds us of our loss. The reopening of the grieving heart is not easy.

Grief changes us. We are no longer the person we were, nor were we the person we will be. What used to be important no longer matters to us. We walk on new ground.

Grief transforms our lives. Grief wakes us up to life. We find that what was true about our lives is no longer true. Everything is different; we see with new eyes. New questions about life - your life, begins to surface.

Grief has a stubborn habit of not going away just because we deny it exists. In fact the more pain is denied, the deeper it tends to go inside our bodies and souls, and the harder it is identify and deal with it and ultimately go beyond it. If we don't embrace our grief, then we may get stuck in life and shut down from the inside out. No one can do our grief work for us.

Give yourself (OR A LOVED ONE) the gift of a retreat weekend away to be comforted, given the strength to integrate the memories of your loved one who has died and your marriage which has died as well as face the sadness, anger, guilt, resentment ETC which are faces of grief. Your healing will begin. This retreat offers you the opportunity to "Come apart and rest awhile, to slow down and get in touch with what is deep and painful within you. This retreat will help you to pick up the pieces of your lives and go into the future with hope. You will be in the presence of God and people who understand, in a beautiful, safe and compassionate environment as you share memories through prayer and sacraments, journaling, reflection, music and ritual.



PRESENTER:

Fr. Padraig Greene is a priest of the Diocese of Oakland and he is ministering as Catholic Chaplain at John Muir, Concord and Regional Medical Center, Martinez. As a priest for 40 years, he has served in High School Ministry, Family Ministry Leadership both at diocesan and parish level, and spirituality/retreat ministry. For almost thirty years he has been ministering to hurting families experiencing loss through death, divorce and unemployment. In addition to degrees in philosophy and theology, he has earned Masters degrees in Education, Family Ministry and Applied Theology.

REGISTRATION:

Registration begins at 4:00 pm - 6:30 pm, Social at 6:00 pm, Dinner at 7:00 pm. First Session at 8:00 pm. Concludes with lunch on Sunday.

COST:

\$245 for private room. \$215 per person for double occupancy. All bedrooms are non-smoking.

TO MAKE A RESERVATION:

Please send a check of \$50 deposit to:
San Damiano Retreat
P. O. Box 767
710 Highland Drive
Danville, California
94526-0767
Phone: (925) 837-9141
Fax: (925) 837-0522

Registration online is available at www.sandamiano.org or call us at (925) 837-9141 to make your reservation by phone.

Deposits or payment are non-refundable, but transferable to a future retreat within one year providing cancellation is received at least 7 days prior to the retreat.

SPECIAL NEEDS:

Please call us after you make your reservation for any retreats.

RESERVATION FORM

GRIEF RETREAT FOR THE BEREAVED AND DIVORCED • NOVEMBER 16-18, 2018

NAME(S): _____

ADDRESS: _____

STREET

CITY

STATE

ZIP

EMAIL: _____

PHONE: _____

EMERGENCY CONTACT: _____

Phone: _____

PRIVATE ROOM(\$245) SHARED ROOM(\$215) WITH: _____

CREDIT CARD #: _____

EXP. DATE: _____

NAME ON CREDIT CARD: _____

CHARGE ALL DEPOSIT ONLY