

FOUR EVENING SESSIONS

THE ART AND HEART OF COMMUNICATION

Presented by Barbara Gordon & Dan Riley

Tuesday Evening: 2018 February 6, February 13,

February 20, February 27!

7:00 PM - 9:00 PM

(If you are single, married, or in a relationship this workshop is for you)

Come and join us for this workshop if you would like to improve communications, have more loving relationships and develop deeper spiritual practices. Don't we have all want better relationships? We will be learning new ways to communicate with more ease and flow with our friends, family, colleagues and significant others in our lives.

Some of us are scared or frightened to attend a new event, meet new people, or communicate from our hearts. We will teach you new ways to communicate and meet new people in a way that is fun, playful and from the heart.

In this workshop you be learning different styles of communication: a four-step process of communication, three components of appreciation. New ways to listen to each other more deeply with compassion, develop spiritual practices by being impeccable with your word, how to handle challenges in your lives and turn the challenges into opportunities and explore healthy ways to express yourself.

All of you will have an opportunity to participate in a question and answer discussion about communication between men and women. I think this will be helpful for all of us!

PRESENTER:

Barbara Gordon is a Spiritual Teacher and Intuitive Counselor with over 30 years of experience in leading women's groups, workshops, retreats, seminars and working with private clients. She has led women's groups and workshops in Japan, Europe and the United States.

PRESENTER:

Dan Riley has a passion to help. With degrees in Industrial design, graphics and business, he has a unique 38 years in communications and leadership. After a divorce in 2007 Dan Discovered a voice talking with men and guiding them through the emotional journey. Dan is writing his first book on the subject "One guy's journey thru divorce and life after." Dan's writings can be found on the Facebook page—Divorce - FACE it & Thrive - Fix/Action/Cope/Emerge.

REGISTRATION:

Registration begins at 6:30 pm. Program is from 7:00 pm - 9:00 pm.

Registration online is available at www.sandamiano.org or call us at (925) 837-9141 to make your reservation by phone.

TO MAKE A RESERVATION:

Please send a check of \$35 per session to:
San Damiano Retreat
P. O. Box 767
710 Highland Drive
Danville, California
94526-0767
Phone: (925) 837-9141
Fax: (925) 837-0522

Deposits or payment are non-refundable, but transferable to a future retreat within one year providing cancellation is received at least 7 days prior to the retreat.

SPECIAL NEEDS:

Please call us after you make your reservation for any retreats.

COST:

\$35 per session

RESERVATION FORM

FOUR EVENING SESSIONS - PRESENTED BY BARBARA GORDON & DAN RILEY: FEBRUARY 2018

NAME(S): _____

ADDRESS: _____
STREET CITY STATE ZIP

EMAIL: _____ PHONE: _____

EMERGENCY CONTACT: _____ Phone: _____

Tues., Feb. 6 (\$35) Tues., Feb. 13 (\$35) Tues., Feb. 20 (\$35)
 Tues., Feb. 27 (\$35)

CREDIT CARD #: _____ EXP. DATE: _____

NAME ON CREDIT CARD: _____ CHARGE ALL DEPOSIT ONLY