

JOURNALING WORKSHOP

JOURNALING AS A SPIRITUAL PRACTICE

Presented by Nancy Burchett
Saturday, September 16, 2017

Continuing to Journal. Come to add to your journaling skills with an enjoyable day of review, adding more exercises, sharing and practicing. Bring a friend to practice with. How are you establishing a routine? We will work on that!

PRESENTER:



Nancy Burchett practices and has taught Centering Prayer and the Breath Prayer. A former nurse, and Nancy have been directing for 20 years. She has experience with dying and ill people, grieving, and journaling as a spiritual practice.



SAN DAMIANO RETREAT

DANVILLE • CALIFORNIA

**A FRANCISCAN PRESENCE IN
NORTHERN CALIFORNIA**

REGISTRATION:

Registration begins at 9:00 am. Program is from 9:30 am - 2:00 pm. Lunch included.

TO MAKE A RESERVATION:

Please send a check of \$30 to:
San Damiano Retreat
P. O. Box 767
710 Highland Drive
Danville, California
94526-0767
Phone: (925) 837-9141
Fax: (925) 837-0522

COST:

\$30 per person

Registration online is available at www.sandamiano.org or call us at (925) 837-9141 to make your reservation by phone.

Deposits or payment are non-refundable, but transferable to a future retreat within one year providing cancellation is received at least 7 days prior to the retreat.

SPECIAL NEEDS:

Please call us after you make your reservation for any retreats.

RESERVATION FORM

JOURNALING AS A SPIRITUAL PRACTICE • SATURDAY, SEPTEMBER 16, 2017

NAME(S): _____

ADDRESS: _____

STREET

CITY

STATE

ZIP

EMAIL: _____

PHONE: _____

EMERGENCY CONTACT: _____

Phone: _____

\$30 • LUNCH INCLUDED

CREDIT CARD #: _____

EXP. DATE: _____

CHARGE ALL DEPOSIT ONLY

NAME ON CREDIT CARD: _____