## **EMBODIED EARTH PRAYER:**

# Aloha Qigong And The Franciscan Legacy

With Steve Harms, Kaleo & Elise Ching Saturday, September 30, 2017

Drawing from Judeo-Christian and Taoist practices and grounded in Franciscan awareness, this retreat invites you into a day long experience of embodied prayer. You will learn Aloha (Hawaiian) Qigong and Qi earth practices to achor your spiritual quest in body-awareness. Through reflection and dialogue, we will explore the ethical dimensions of eco-spirituality, environmental stewardship, and inequality. Join Rev. Steve, Kaleo, and Elise in this journey of deepening our connection to the Divine Source and Care for our Common Home.



### **PRESENTERS:**

Steve Harms has a Masters of Divinity (M.Div) and MA in Theatre Arts. His years in ministry have taken him from the streets of the Tenderloin in San Francisco to the streets of Danville. Steve previously served as the President of the Interfaith Council of Contra County and remains actively engaged in deepening interfaith connections within the community. Steve provides compassionate pastoral care and is a gifted preacher who enjoys creative worship. Kaleo Ching has an MA in art and Elise Ching, BSN has an MA in English and Interpersonal Psychology. Both are teachers (more than 20 years) of Chi Kung and both are Certified Acupuncture Therapists and Certified Clinical Hypnotherapists. They co-teach classes integrating Chi Kung, acupressure, guided meditation and art and have co-authored several books including Chi and Creativity: Vital Energy and Your Inner Artist (Blue Snake Books 2007).



A FRANCISCAN PRESENCE IN NORTHERN CALIFORNIA

#### **REGISTRATION:**

Registration begins at 9:00 am. Program is from 9:30 am - 4:00 pm. Lunch included.

#### TO MAKE A RESERVA-TION:

Please send a \$40 check to: San Damiano Retreat P. O. Box 767 710 Highland Drive Danville, California 94526-0767 Phone: (925) 837-9141 Fax: (925) 837-0522

#### **COST:**

\$40 per person

Registration online is available at www.sandamiano.org or call us at (925) 837-9141 to make your reservation by phone.

Deposits or payment are non-refundable, but transferable to a future retreat within one year providing cancellation is received at least 7 days prior to the retreat.

#### **SPECIAL NEEDS:**

Please call us after you make your reservation for any retreats.

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