

HEALING AND WHOLENESS RETREAT

"ATTITUDE OF GRATITUDE AS THANKSGIVING"

November 24-26, 2017

Presented by Tom Gorham, M.A., CADCII And
Davida Coady, MD, MPH

During the holiday season we can become overwhelmed with stress and forget why we celebrate these special days. Sometimes we can dread them altogether because of past traumatic experiences. At this retreat we will explore the challenges that get in the way of our joyful celebration and find ways to get into the true spirit for which the holidays were designed. We will engage in large and small group discussions and other healing exercises.

PRESENTERS:

Tom Gorham, M.A., CADCII, has worked with individuals suffering from substance use disorders and trauma for almost 20 years. He is a licensed Marriage and Family therapist and a state Certified Drug and Alcohol Counselor. He has worked with people with trauma filled backgrounds and works with inmates in State Prisons to turn their lives around. He has been presenting at San Damiano for almost 10 years and is the Executive Director of Options Recovery Services located in Berkeley, Oakland and San Quentin Prison.

Davida Coady, MD, MPH, is Board Certified Addiction Medicine specialist. She has an MD from Columbia University Medical School and an MPH in Epidemiology from Harvard. After a 30 years career in International Health (WHO, Peace Corps, and grass root organizations), she re-settled in Berkeley and changed the biggest Public Health problem in the community. She founded Options Recovery services, a comprehensive addiction treatment program for indigent addicts as an alternative to incarceration. It has grown rapidly over 20 years and has served over 10,000 clients in the Berkeley/Oakland area. In addition, she participates in a program to teach inmates with life sentences in California's state prisons to be certified addiction counselors.



SAN DAMIANO RETREAT

DANVILLE • CALIFORNIA

**A FRANCISCAN PRESENCE IN
NORTHERN CALIFORNIA**

REGISTRATION:

Registration begins at 4:00 pm - 6:30 pm, Social at 6:00 pm, Dinner at 7:00 pm. First Session at 8:00 pm. Concludes with lunch on Sunday.

TO MAKE A RESERVATION:

Please send a check of \$50 deposit to:
San Damiano Retreat
P. O. Box 767
710 Highland Drive
Danville, California
94526-0767
Phone: (925) 837-9141
Fax: (925) 837-0522

SPECIAL NEEDS:

Please call us after you make your reservation for any retreats.

COST:

\$235 for private room.
\$205 per person for double occupancy.
All bedrooms are non-smoking.

Registration online is available at www.sandamiano.org or call us at (925) 837-9141 to make your reservation by phone.

Deposits or payment are non-refundable, but transferable to a future retreat within one year providing cancellation is received at least 7 days prior to the retreat.

RESERVATION FORM

HEALING AND WHOLENESS RETREAT • NOVEMBER 24-26, 2017

NAME(S): _____

ADDRESS: _____

STREET

CITY

STATE

ZIP

EMAIL: _____

PHONE: _____

EMERGENCY CONTACT: _____

Phone: _____

PRIVATE ROOM (\$235) SHARED ROOM (\$205) WITH: _____

CREDIT CARD #: _____

EXP. DATE: _____

NAME ON CREDIT CARD: _____

CHARGE ALL DEPOSIT ONLY