
Information about San Damiano Retreat

As you drive up to our facility, you will be greeted with the open arms of St Francis of Assisi. San Damiano is nestled in the hills above the beautiful San Ramon Valley. San Damiano has at its heart the courtyard garden and fountains. Meditation benches are provided for those who wish to enjoy the sound of water. Beautiful plants and various birds inhabit the garden. It is a peaceful and serene place to spend time.



Mission Statement

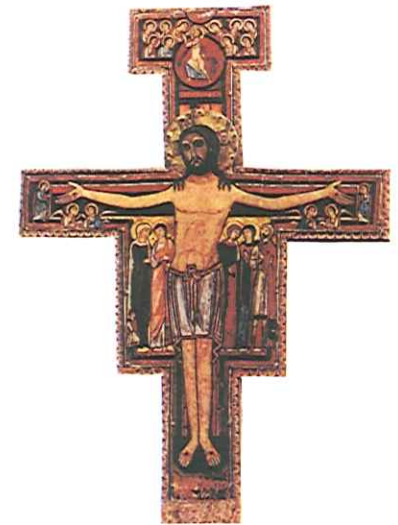
Our mission is to provide a peaceful environment of natural beauty where spiritual renewal and growth may be sought by people of all faiths and backgrounds. In the spirit of St. Francis and guided by the Franciscan traditions of joy, hospitality, compassion, peace and simplicity, we offer contemporary and challenging retreats and programs in response to the changing needs of God's people.



Private Retreat

with

Spiritual Direction



*San Damiano Retreat
710 Highland Dr
Danville CA 94526
925-837-9141
www.sandamiano.org*

What is a private retreat with Spiritual Direction?

A private retreat provides an opportunity to get away from hectic daily life to seek solitude for rest, renewal, and prayer. Choosing to include a spiritual direction session with your private time can enrich the experience. A private retreat is a sacred time away in a place of serenity to allow everyday stresses to drift away.



What is the purpose of Spiritual Direction?

Spiritual direction is about responding to God's invitation to draw closer in relationship. It is meant to help us learn how to be attentive to God's presence and action in our lives and to make choices based on that awareness. Spiritual direction can be available daily if you so desire. A spiritual direction session is an hour.

Who provides Spiritual Direction?

San Damiano's team of directors have all received extensive training and formation in the art of spiritual direction, and bring years of experience to this ancient ministry.

What is available for you?

Spiritual Direction

Liturgy

Prayerful Chapel

50 acres of walking paths
and gardens

Meditation Areas

Labyrinth

Meals & bedroom with bath

To schedule

Contact Kateri at 925-837-9141 x 315 or katerik@sandamiano.org to inquire about scheduling availability. Often private retreats range from one to five days. If you are seeking spiritual direction while on retreat, please contact Rena Grant at 925-837-9141 x 311 or renag@sandamiano.org at least one to two weeks notice in advance of your stay.